



This is to certify that

Timothy Sherred

has successfully completed the following training course:

Course Title:

Duration:

Manual Handling

Date of Training:

2 Hours

Course Content:

Legal Requirements -

16th September 2018

- 1. Health & Safety at Work Act
- 2. Manual Handling Operations Regulations
- Spine and Back Injuries
- Safe Handling Techniques
- Risk Assessment (For Managers)

Course Trainer:

Roger Johnson CMIOSH, TIFireE, AIEMA Group Health and Safety Manager

Signature: